

# PACIFIC COMOX RESOURCES LTD

Press Release

## INFILL DRILLING INCREASES AVERAGE GRADE OF CARMELITAS NORTH ZONE TO 1.1 G/TONNE GOLD AND 40 G/TONNE SILVER OVER 4.4 METERS IN 20 HOLES

## INFILL DRILLING IS CONTINUING ON THE CARMELITAS CENTRAL AND WEST AREAS

Toronto, Canada – May 24, 2007  
Pacific Comox Resources Ltd. (TSX Venture: PCM)

### Mabel Gold-Silver-Copper Property in Northern Sonora State Mexico

Company reports assay results from 24 hole infill drilling program on the Carmelitas North Zone of the Carmelitas area on the Mabel property in northern Sonora State Mexico. Three widely spaced holes on the zone had previously reported averages of 0.9 g/tonne gold and 24 g/tonne silver over 3 meters. In the current program 20 of the 24 holes returned an average of 1.1 g/tonne gold and 40 g/tonne silver over a 4.4 meter interval starting at 3.7 meters from surface (see Table 2 below for all assays).

Drilling is continuing on the Carmelitas Central and Carmelitas West areas. This infill drilling program will provide the drill hole data for a resource estimate on the Carmelitas and other areas of at/near surface gold-silver mineralization on the Mabel property. A summary of previous drilling on the major areas except the Micho copper/gold/silver zone is given in Table 1.

Area	Number Of Holes	Thickness (meters)	Gold (g/tonne)	Silver (g/tonne)
Carmelitas Central	15	3	2.0	68
Carmelitas North	3	3	0.9	24
Carmelitas West	8	3	1.2	49
Ridge	10	3	1.7	35
Gate	14	4	1.3	70
<b>Average</b>		<b>3</b>	<b>1.6</b>	<b>56</b>

In the Micho area Comox previously reported in hole RC-62, 6 meters of 1.5g/tonne gold, and 51g/tonne silver followed by 23 meters of 1.1% oxide copper and 10g/tonne silver. Further drilling is planned to test the gold-silver anomaly previously reported to the west of the Micho drilling as well as more shallow and deeper drilling in the Micho zone area.

<b>Table 2: Mabel Property Mexico</b>					
<b>Carmelitas North Zone Infill Drilling</b>					
Hole	From	To	Interval	Gold	Silver
Number	(m)	(m)	(m)	(g/tonne)	(g/tonne)
CTD-07-001	1	5	4	2.1	42
-002	2	6	4	1.5	82
-003	2	7	5	1.2	23
-004	11	15	4	0.9	17
-005	7	11	4	0.6	20
-006	8	12	4	0.6	29
-007	4	10	6	0.2	17
-008	1	4	3	1.4	74
-009	4	9	5	0.5	21
-010	1	8	7	0.6	19
-011	11	15	4	0.3	8
-012	2	7	5	0.9	18
-013	2	6	4	2.8	34
-014	8	11	3	0.6	13
-016	1	5	4	0.3	21
-017	2	7	5	3.4	102
-018	3	7	4	0.7	36
-019	3	8	5	2.4	85
-020	0	4	4	0.6	47
-021	1	4	3	1.8	143
	<b>3.7</b>		<b>4.4</b>	<b>1.1</b>	<b>40</b>
Holes 015, 022, 023, and 024 returned insignificant mineralization.					
May 23, 2007					

The Mabel property is about a 2 hour drive south from Tucson. Robert Hill P. Eng. serves as the qualified person (QP) for the sampling and exploration programs under the definitions of National Instrument 43-101, reviewed this release and supervises the drilling programs. The geologist on the Mabel program is Cesar Lemas. In the 4.5 inch percussion drill program the product from the cyclone is bagged separately for each meter of drill advance. A split sample is shipped by Company personnel to the ALS Chemex laboratory in Vancouver B.C., an accredited laboratory.

Donald Empey  
President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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