

PACIFIC COMOX RESOURCES LTD

Press Release

- **Assays reported for 2 diamond drill holes testing the extension of the past producing molybdenum open pit deposit at the Ryan Lake copper/molybdenum property,**
- **Hole PC-05-07 returned an intersection of 32m (105ft) grading 0.079% (1.7 lbs/tonne) molybdenum plus copper values.**

Toronto, Canada - September 21, 2005

Pacific Comox Resources Ltd. (TSX Venture: PCM) reports the assays for the two diamond drill holes made from one setup on the floor of the past producing molybdenum open pit which is located about 1,000 feet north of the past producing underground copper/molybdenum mine on the Ryan Lake property. The two holes tested for mineralization in the southwest and northwest pit wall areas. The assays for the two holes are summarized below in Table 1.

The results demonstrate that the mineralized zone does extend to the southwest and the northwest. The potential remains open in all directions and at depth.

Hole PC-05-06 returned an intersection of 149ft from 3ft, grading 0.04% copper and 0.060% (1.3 lbs/tonne) molybdenum. The hole ended in mineralization.

Hole PC-05-07 returned an intersection of 105ft from 25ft, grading 0.08% copper and 0.079% (1.7 lbs/tonne) molybdenum. The hole intersected weakly mineralized andesite at 130ft.

The optioned Ryan Lake copper-molybdenum property consists of 10 claims totaling 513 acres, located near Matachewan, and Kirkland Lake, Ontario. The property was put into production in 1950 at a 150 ton/day rate with a shaft sunk to 459 feet with development on 4 levels. The development extended for 1,000 feet on an east-west direction and about 500 feet north-south. The J. F. Ariz report dated October 20, 1978 gave the production during the 1950-1957 period as 163,490 tons grading 1.5% copper, 0.008 oz of gold and 0.21 oz of silver. No production or significant exploration is reported on the property since 1966.

A successor Company was also reported to have processed 6,000 tons grading 1.3% copper and 0.4% molybdenite in 1964 from the open pit approximately 1,000 ft north of the underground mine. This drilling program tested the extension of the open pit. Channel samples from the walls of the open pit were previously reported.

With these results in the past producing open pit molybdenum mine area and the previously reported 5 holes drilled in the area of the former underground copper/molybdenum mine, Pacific Comox has confirmed mineralization in both areas. Pacific Comox plans further work on both areas. The zone of approximately 1,000 feet between the open pit molybdenum mine area and the underground copper/molybdenum mine area is also highly prospective.

As previously reported Comox also has an option to acquire the mill on the property which is currently processing barite. The mill has crushing and grinding capacity of several hundred tonnes per day and would be a major asset going forward to facilitate the resumption of copper/molybdenum production on the property.

The historical production data given above is not in compliance with N.I. 43-101. Robert Hill P. Eng. serves as the qualified person (QP) for the sampling and exploration program under the definitions of National Instrument 43-101, reviewed the above mentioned reports, and supervised the drilling program. The geologist on this program was James Janzen V.P. exploration for Pacific Comox. The samples were assayed by Swastika Laboratories Ltd. at Swastika, Ontario.

Donald Empey
President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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Table 1: Diamond Drill Assays From Ryan Lake Property								
Molybdenum Open Pit Mine Area								
Hole #	From	To	Length	Length	Cu	Mo	Cu	Mo
	(m)	(m)	(m)	(ft)	(%)	(%)	(lbs/tonne)	(lbs/tonne)
PC-05-06	UTM 17TO522526, 5313673, Length 46.5m (152.5ft), Azimuth 315°, Dip -50°							
	1.0	46.5	45.5	149.2	0.04	0.060	0.9	1.3
	The hole ended in mineralization.							
PC-05-07	UTM 17TO522526, 5313613, Length 46.6m (152.8 ft), Azimuth 225°, Dip -50°							
	0.9	39.5	38.6	126.6	0.06	0.067	1.4	1.5
including	7.5	39.5	32.0	104.9	0.08	0.079	1.7	1.7
	The hole intersected weakly mineralized andesite at 39.5m.							