

PACIFIC COMOX RESOURCES LTD

Press Release

Toronto, Canada – November 24, 2004

Pacific Comox Resources Ltd. (TSX Venture: PCM) is pleased to announce that Mr. Mark Ashcroft P.Eng has been appointed to the Board of Directors.

Mark is Executive Vice President of Toll Cross Securities, Inc. and Head of Investment Banking. Mark is a Registered Professional Engineer (Ontario) and an active member of the Canadian Institute of Mining, Metallurgy and Petroleum. He holds a Bachelor of Engineering (Mining) from Laurentian University and a Masters of Science in Finance, Regulation and Risk Management from the ISMA Centre of the University of Reading. After several years experience as a mining engineer Mark has had five years with major international investment banks in London, England and New York. The appointment is subject to TSX Exchange approval.

More information about Pacific Comox's properties, the exploration programs, summaries of the exploration results and maps showing the location of the holes drilled are available on the Pacific Comox web site located at www.pacificcomox.com.

Donald Empey
President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

For further information please contact James Janzen, Roger Scammell or Donald Empey at tel: 416 977 4653, fax: 416 977 8335 or email at dempey@pacificcomox.com or visit Pacific Comox's website at www.pacificcomox.com

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