

PACIFIC COMOX RESOURCES LTD

Press Release

- **ASSAYS REPORTED FOR THE FINAL 67 HOLES OF THE 97 RC HOLES RECENTLY COMPLETED ON THE MABEL PROPERTY HAVE EXPANDED THE AREAS OF NEAR SURFACE GOLD/SILVER MINERALIZATION**
- **15 NEW AND PREVIOUS HOLES DRILLED IN THE CARMELITAS AREA RETURNED AN AVERAGE OF 2 G/T AU AND 68 G/T AG OVER AVERAGE INTERSECTIONS OF 3 METERS.**
- **ENCOURAGING RESULTS WERE ALSO RECEIVED FROM THE CARMELITAS NORTH, CARMELITAS WEST, RIDGE ZONE AND MABEL CENTRAL AREAS.**

Toronto, Canada – April 19, 2004

Pacific Comox Resources Ltd. (TSX Venture : PCM) is pleased to report it has received the assays for the entire 97 hole, 1,955 meter(m), reverse circulation (RC) drilling program on its Mabel property in northern Sonora, Mexico. Drilling on the Mabel property started on February 6 and was completed on March 10. The drill program tested several quartz vein outcrops in areas which have encouraging drilling and surface sampling results from previous work

Drilling in the Carmelitas Sector of the Mabel property, has outlined three main mineralized areas named Carmelitas, Carmelitas North and Carmelitas West. Fifteen holes in the Carmelitas area returned an average of 2 g/t Au and 68 g/t Ag over average intersections of 3m. Three holes in the Carmelitas North area returned an average of 0.9 g/t Au and 24 g/t Ag over 3m. Six holes in the Carmelitas West area returned an average of 1.6 g/t Au and 55 g/t Ag over 3m. All the mineralization intersected was on or near surface.

Previous and new drilling in the Ridge Zone area also returned encouraging results. To date ten holes have been completed in this area and average 1.7 g/t Au and 35 g/t Ag over 3m. Hole RC-139 intersected 0.24%Cu and 9 g/t Ag from -20 to -25m. Hole RC-139 is located approximately 1.8 km south of hole RC-62 drilled in the Micho area which returned 1.1% Cu and 10g/t Ag over 23m.

Six widely spaced holes were drilled in the Mabel Central Sector of the property. They averaged 0.7 g/t Au and 21 g/t Ag over 2m. The best hole from this area was RC-129 which returned 2.7 g/t Au and 25 g/t Ag over 5m.

In the Gate Zone (previously reported), 14 holes over an average interval of 4.1 meters returned an average of 1.28 g/t gold and 69.8 g/t silver. In 8 of the 14 holes, the mineralized interval started 2m or less from surface. The 17 holes drilled in the Gate Zone encompass an area approximately 600 meters north-south and 300 meters east-west. The Gate Zone is considered to have potential to be increased in all directions and at depth.

The results from the drilling completed in the Carmelitas, Carmelitas North, Carmelitas West, Ridge Zone and Mabel Central areas are summarized on the table below.

Pacific Comox plans further in-fill and exploration drilling on the property pending applicable permitting and financing.

More information about Pacific Comox's properties, the current exploration program, summaries of the current results and maps showing the location of the holes drilled are available on the Pacific Comox web site located at www.pacificcomox.com.

The program was carried out under the direction of Mr. James Janzen , Mr. Cesar Lemas and Mr. Roger Scammell Chairman of Pacific Comox, a qualified person under National Instrument 43-101 and the QP for

the project. All analysis was done by Actlabs of Tucson, Arizona. All gold and silver values were determined by fire assay.

Donald Empey
President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

For further information please contact James Janzen, Roger Scammell or Donald Empey at tel: 416 977 4653, fax: 416 977 8335 or email at dempey@pacificcomox.com or visit Pacific Comox's website at www.pacificcomox.com

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Summary of Assay Results					
Hole No. & Area	From	To	Intersection (meters)	Gold (g/t)	Silver (g/t)
Carmelitas					
RC-1	0.0	3.0	3	1.4	36
RC-21	2.0	5.0	3	1.0	16
RC-22	6.0	10.0	4	7.9	308
RC-23	3.0	5.0	2	1.1	31
RC-25	2.0	4.0	2	1.1	107
RC-27	0.0	3.0	3	1.8	35
RC-28	0.0	2.0	2	1.6	45
RC-29	2.0	4.0	2	8.5	185
RC-30	5.0	8.0	3	0.6	79
RC-89	3.0	6.0	3	1.3	63
RC-90	1.0	4.0	3	0.0	7
RC-94	12.0	14.0	2	0.7	35
RC-95	9.0	13.0	4	1.5	29
RC-96	0.0	4.0	4	0.2	17
RC-97	6.0	7.0	3	1.0	36
Carmelitas Average			3	2.0	68
Carmelitas North					
RC-3	9.0	12.0	3	1.0	32
RC-5	3.0	5.0	2	0.5	17
RC-77	4.0	7.0	3	1.2	24
Average			3	0.9	24

Hole No. & Area	From	To	Intersection (meters)	Gold (g/t)	Silver (g/t)
Carmelitas East					
RC-82	6.0	9.0	3	1.0	9
Carmelitas West					
RC-7	0.0	3.0	3	0.1	4
RC-8	6.0	7.0	1	0.5	7
RC-10	1.0	2.0	1	0.2	24
RC-11	1.0	2.0	1	2.8	35
RC-87	0.0	6.0	6	4.5	204
RC-88	1.0	4.0	3	1.3	55
Average			3	1.6	55
Central Area					
RC-17	2.0	3.0	1	0.1	9
RC-18	1.0	3.0	2	0.2	9
RC-19	1.0	2.0	1	0.3	44
RC-129	2.0	7.0	5	2.7	25
RC-133	0.0	3.0	3	0.4	40
RC-134	3.0	4.0	1	0.7	0
Average			2	0.7	21
Ridge Zone					
RC-35	0.0	2.0	2	1.6	46
RC-36	1.0	2.0	1	2.3	7
RC-37	3.0	8.0	5	1.7	97
RC-38	1.0	5.0	4	1.0	42
RC-39	1.0	4.0	3	0.4	16
RC-40	6.0	9.0	3	0.4	16
RC-138	13.0	15.0	2	1.7	64
RC-139	25.0	27.0	2	7.9	56
RC-140	40.0	43.0	3	0.1	4
RC-141	11.0	20.0	9	0.0	4
Average			3	1.7	35
Note: Holes numbered RC-1 to RC-44 were previously reported.					