

- **ASSAYS REPORTED FOR INITIAL 30 OF 97 RC HOLES COMPLETED ON THE MABEL PROPERTY HAVE EXPANDED THE AREAS OF NEAR SURFACE GOLD/SILVER MINERALIZATION**
- **14 HOLES IN THE GATE ZONE RETURNED AN AVERAGE OF 1.28 G/T GOLD AND 69.8 G/T SILVER OVER AN AVERAGE INTERVAL OF 4.1 METERS ENCOMPASSING AN AREA APPROXIMATELY 600M BY 300M**
- **1.08 % COPPER OVER 23 METERS WAS RETURNED IN HOLE RC-62 IN THIS INITIAL DRILLING CAMPAIGN ON THE MICHO ZONE WHICH IS THE MOST NORTHERLY AREA DRILLED TO-DATE. THIS STRONG RESULT MAY INDICATE A PROXIMAL COPPER PORPHYRY SYSTEM**

Toronto, Canada – March 18, 2004

Pacific Comox Resources Ltd. (TSX Venture : PCM) is pleased to report it has received the assays for the first 30 holes of the 97 hole, 1,955 meter(m), reverse circulation (RC) drilling program on its Mabel property in northern Sonora, Mexico. Drilling on the Mabel property started on February 6 and was completed on March 10. The drill program tested several quartz vein outcrops in areas which have encouraging drilling and surface sampling results from previous work. Results from the 17 holes drilled in the Gate Zone, 9 holes in the Micho Zone and 5 holes in the 1910 Zone are summarized in the following table.

In the Gate Zone, 14 holes over an average interval of 4.1 meters returned an average of 1.28 grams/tonne (g/t) gold and 69.8 g/t silver. In 8 of the 14 holes, the mineralized interval started 2m or less from surface. The 17 holes drilled in the Gate Zone encompass an area approximately 600 meters north-south and 300 meters east-west. The Gate Zone is considered to have potential to be increased in all directions and at depth.

Visual copper oxide mineralization within an altered granodiorite porphyry was noted in the Micho Zone, which is located approximately 600m north of the Gate Zone and is the most northerly area drilled to-date on the Mabel property. Drill hole RC-62 targeted this mineralization and returned 1.08% copper over 23m from 6m to 29m in the hole. The first 6m in hole RC-62 returned 1.48g/t gold and 50.8g/t silver. Hole RC-66 about 25m south of RC-62 returned 15m of 0.34% copper commencing at one meter below the surface. This “copper zone” appears to be open in all directions. The copper mineralization is mainly malachite, azurite and tenorite. Further work is required in this area to assess the potential of this new zone. The results received are considered very encouraging and may be indicative of a proximal copper porphyry system.

In addition to hole RC-62 in the Micho Zone, five other holes were completed which indicate a substantial gold/silver potential in addition to copper as the average gold grade was 0.73g/t, and the silver grade was 20.6g/t over an average mineralized interval of 4.3m.

The 6 holes in the 1910 Zone which is located about 260m west of the south end of the Gate Zone gave an average grade 0.53g/t gold, and 15.1g/t silver over an average interval of 3.2m. This zone is considered to have expansion potential in all directions, particularly to the south towards the Ridge Zone.

Further results from the drilling program will be released as they become available.

More information about Pacific Comox’s properties, the current exploration program, the table summarizing the current results and maps showing the location of the holes drilled are available on the Pacific Comox web site located at www.pacificcomox.com.

The current program was carried out under the direction of Mr. James Janzen , Mr. Cesar Lemas and Mr. Roger Scammell Chairman of Pacific Comox, a qualified person under National Instrument 43-101 and the QP for the project. All analysis was done by Actlabs of Tucson, Arizona. All gold and silver values were determined by fire assay.

Donald Empey
President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

For further information please contact James Janzen, Roger Scammell or Donald Empey at tel: 416 977 4653, fax: 416 977 8335 or email at daempey@attcanada.net or visit Pacific Comox's website at www.pacificcomox.com

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Summary Of RC Drilling Assay Results
For Gate, Micho & 1910 Zones

Drill Hole Number	Description	FROM (meters)	TO (meters)	INTERVAL (meters)	Gold (grams/t)	Silver (grams/t)	Copper (%)
Gate Zone(1)							
RC-50		1.0	2.0	1.0	0.17	5.0	
RC-51		0.0	3.0	3.0	0.73	13.0	
RC-52		6.0	8.0	2.0	1.36	34.0	
RC-53		2.0	7.0	5.0	1.11	28.8	
RC-54		5.0	6.0	1.0	0.21	5.0	
RC-55		0.0	4.0	4.0	0.97	15.0	
RC-56		9.0	16.0	7.0	0.90	45.4	
RC-57		2.0	5.0	3.0	0.37	4.0	
RC-67		0.0	5.0	5.0	1.20	19.4	
RC-68		24.0	29.0	5.0	3.24	376.4	
RC-69		4.0	14.0	10.0	1.88	108.3	
RC-70		10.0	14.0	4.0	4.51	124.3	
RC-73		0.0	4.0	4.0	0.27	7.8	
RC-74		1.0	4.0	3.0	1.05	191.3	
Average				4.1	1.28	69.8	
Micho Zone(2)							
RC-58		3.0	5.0	2.0	0.40	12.5	
RC-61		1.0	4.0	3.0	0.76	5.0	
RC-62		0.0	6.0	6.0	1.48	50.8	
+ copper interval		6.0	29.0	23.0	0.00	10.3	1.08
RC-64		20.0	25.0	5.0	1.21	45.4	0.10
RC-65		36.0	45.0	9.0	0.39	5.8	0.11
RC-66		2.0	3.0	1.0	0.14	4.0	0.91
+ copper interval		1.0	16.0	15.0	0.00	0.0	0.34
Average excluding copper intervals				4.3	0.73	20.6	
1910 Zone(3)							
RC-33(4)		0.0	5.0	5.0	0.39	10.6	
RC-34(4)		1.0	4.0	3.0	0.91	15.3	
RC-45		0.0	3.0	3.0	0.21	18.0	
RC-46		0.0	4.0	4.0	0.68	23.5	
RC-47					Assays	Pending	
RC-48		1.0	2.0	1.0	0.45	8.0	
Average (excluding RC-47)				3.2	0.53	15.1	

1. Holes RC-32, RC-71, RC-72, and RC-75 in Gate Zone did not return significant values(one meter exceeding 0.2 g/t gold equivalent)
2. Holes RC-59, RC-60, and RC-63 in Micho Area did not return significant values(one meter exceeding 0.2 g/t gold equivalent)
3. Hole RC-49 in 1910 Zone did not return significant values(one meter exceeding 0.2 g/t gold equivalent)
4. Assay results previously reported