

# PACIFIC COMOX RESOURCES LTD.

## NEWS RELEASE

- TRENCHING PROGRAM IN THE CARMELITAS AREA RETURNS;
- 46m AVERAGING 1.70 g/t GOLD AND 52.0 g/t SILVER, INCLUDING
- 18m AVERAGING 2.96 g/t GOLD AND 76.2m SILVER

Listed: TSX Venture Exchange – PCM

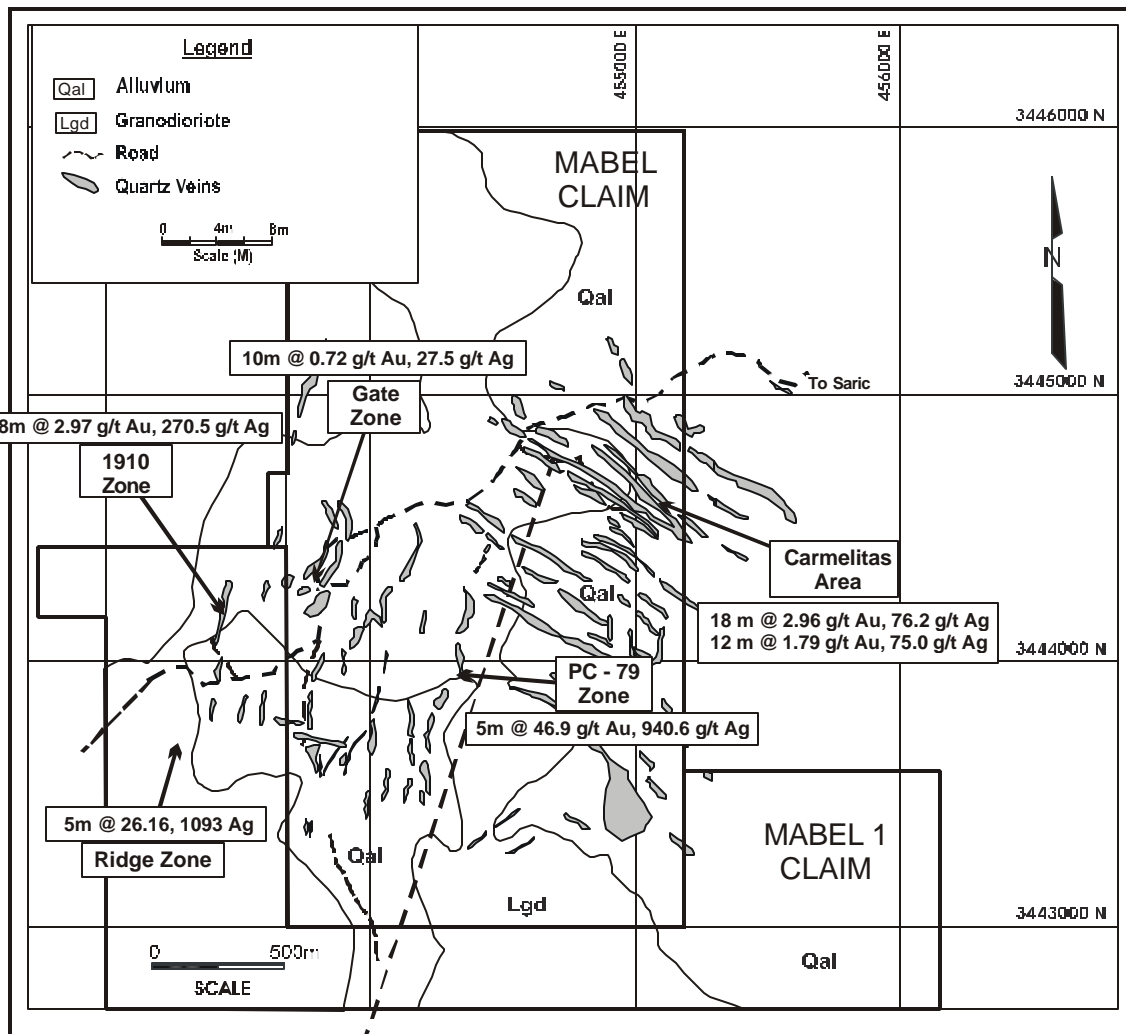
Toronto, Ontario Canada, March 10, 2003.

Pacific Comox Resources Ltd. (the Company) is pleased to report that it has received encouraging results from a recently completed mapping, sampling and trenching program on the Mabel property located in Northern Sonora, Mexico. Previous outcrop chip sampling by other workers, on the property, returned average values of 1.8g/t gold and 58g/t silver from 109 sample sites each three meters in length. The focus of new exploration on the property was to confirm the presence of widespread gold and silver mineralization which possibly could form a bulk mineable resource.

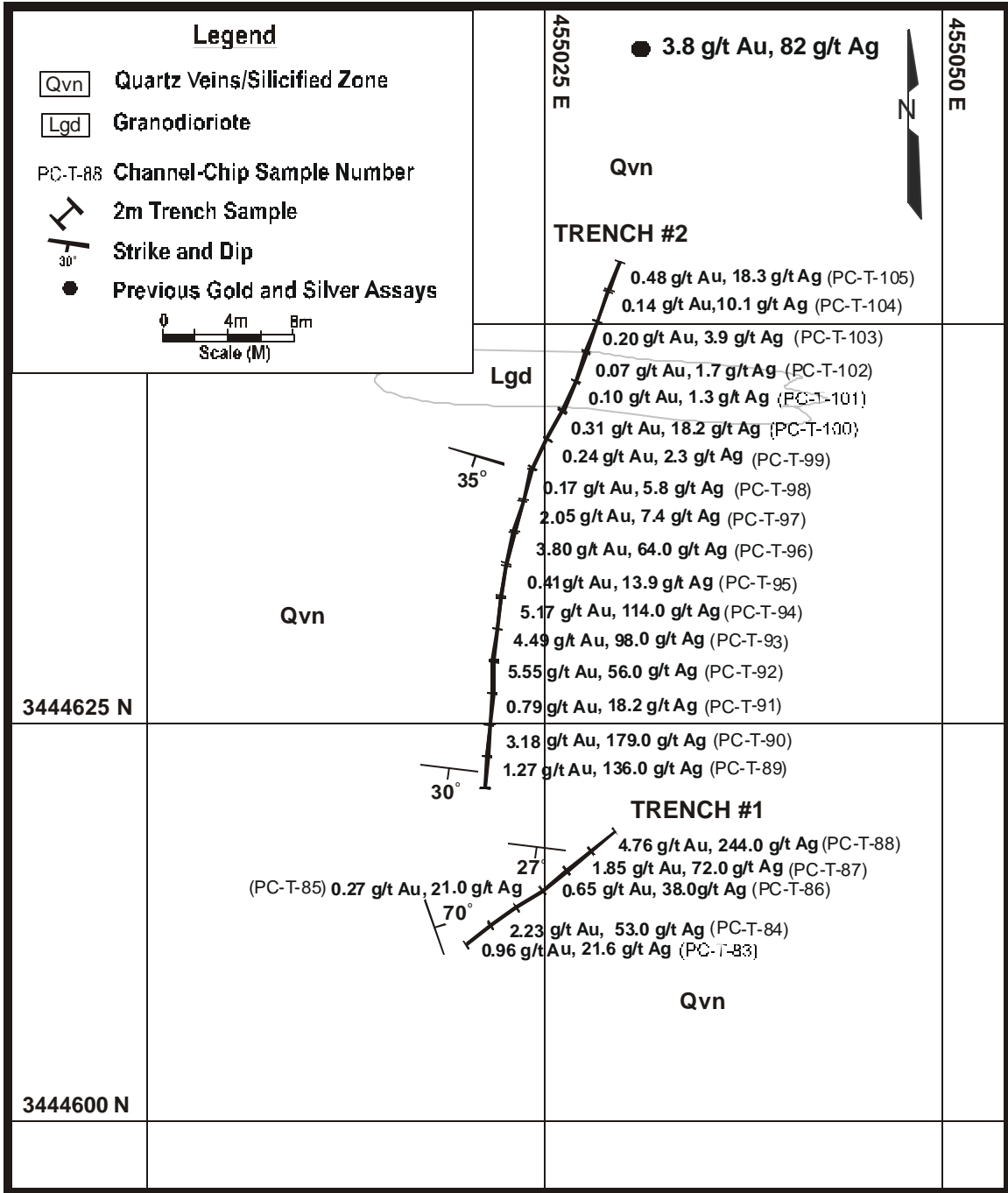
Assay results from new trenches in the Carmelitas, 1910 and Gate areas have returned encouraging results which are summarized in the table below. Grab and chip samples taken during the mapping program have indicated a number of new, previously not recognized areas with strongly anomalous gold and silver mineralization. These areas are called the PC-41 area, the Ridge Zone area, and the PC-79 and are summarized on the table below.

<b>Area</b>	<b>Sample Length (m)</b>	<b>Gold grams/tonne</b>	<b>Silver grams/tonne</b>
Carmelitas Trench (2m channel samples) including	46m	1.70	52.0
Samples PC-T-89 to PC-T-97	18m	2.96	76.2
Samples PC-T-82 to PC-T-88	12m	1.79	75.0
1910 Trench (2m channel samples) including	16m	1.75	146.3
	8m	2.97	270.2
Gate Trench (2m channel samples)	10m	0.72	27.5

Area	Sample Length (m)	Gold grams/tonne	Silver grams/tonne
PC-41 area	2m chip	2.33	381.4
Ridge Zone Area			
PC-119	3m chip	1.78	124.0
PC-120	5m chip	26.16	1093.1
PC-121	3m chip	4.38	47.0
PC-79 Area	5m chip	46.91	940.6



LOCATION MAP



CARMELITAS AREA

Mr. Janzen and Cesar Lemas, geologists with over 20 year's exploration experience in Canada and Mexico supervised all aspects of the collection of samples. All analytical work was completed by BSI Inspectorate Laboratory in Reno, Nevada

Pacific is currently formulating a follow-up exploration program for the property which will commence in mid to late March 2003. More information about the property and the new results is available on the Pacific Comox website at [www.pacificcomox.com](http://www.pacificcomox.com)

James Janzen  
President

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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